

COSMETOLOGY SCHOOL COURSE

Approved by the Kansas Board of Cosmetology on September 26, 1995 to be in effect on
June 1, 1996.

Esthetics Training	Theory Instruction	Practical Hours	Minimum Procedures
(1) Infection Control <ul style="list-style-type: none"> (a) Public Health <ul style="list-style-type: none"> Sanitation Disinfection Sterilization (b) Universal precautions <ul style="list-style-type: none"> Cross contamination Blood borne pathogens 	10	50	
(2) Skin anatomy and physiology <ul style="list-style-type: none"> (a) Structure and function of the body systems and nerves (b) Dermatology (c) Cosmetic chemistry (d) Pharmacology (e) Nutrition 	200		
(3) Skin analysis and consultation <ul style="list-style-type: none"> (a) Skin types and conditions (b) Contraindications (c) Health screening (d) Consultation, post consultation and home care (e) Skin analysis equipment 	80	40	
(4) Skin treatments <ul style="list-style-type: none"> (a) Cleansing techniques (b) Exfoliation <ul style="list-style-type: none"> Mechanical Chemical (enzymes, hydro-aphroxy) (c) Extraction <ul style="list-style-type: none"> Without lancet (d) Conditioning (e) Masque therapy (f) Protection (g) Massage (h) Basic facial equipment and safety <ul style="list-style-type: none"> Steamer Brush machine 	120	120	80 facials

Esthetics Training cont.	Theory Instruction	Practical Hours	Minimum Procedures
(5) Body treatments	20	20	10
(a) Back and chest			
(b) Body wrap			
(c) Body exfoliation			
(d) Hydrotherapy – (theory only)			
(6) Advanced skin treatments	80	60	45
(a) Advanced exfoliation			
(b) Extractions using a lancet			
(c) Microdermabrasion			
(d) LED			
(e) Chemical exfoliation			
Gessner's			
AHA's			
(f) Microcurrent and other electrical treatments			
(g) Equipment for advanced skin treatments			
Microdermabrasion			
Microcurrent			
LED			
Mechanical			
(7) Temporary hair removal	10	30	40 facial waxes 10 body waxes
(a) Tweezing			
(b) Waxing			
(c) Depilatories			
(d) Sugaring			
(e) Threading			
(f) Contraindications and safety			
(8) Make up	20	40	25
(a) Purpose and effects			
(b) Eyebrow and eyelash Services			
(c) Corrective			
(d) Camouflage			
(9) Business Practices	30		
(a) Business planning			
(b) Client records			
(10) State law	20		
(a) Rules and regulations			
(11) Student specific needs	50		
Total Hours	1000		